Welcome to Whitchurch High School Sixth Form Parental Engagement Evening







6th Form Team



KS4-5 Wellbeing And Transitions Miss Officer Armstrong

Mrs Ozturk

Progress Leader Achievement And Standards



Sixth Form
Pastoral Assistant
Williams

Mrs Davies

Progress Leader Transitions And Destinations



Sixth Form
Pastoral Assistant
Mrs
Louden

Wellbeing / Form Tutors

Student Team

LEAD STUDENTS



LEAD STUDENT Ewa Balogun



LEAD STUDENT Marcello Fasano



DEPUTY LEAD STUDENT Anest James



DEPUTY LEAD STUDENT Alex Sullivan



DEPUTY LEAD STUDENT Elen Diggins



DEPUTY LEAD STUDENT Harminder Philora

6th Form Lead Students

How do Advanced Levels work?

- Year 12
- Students select 3/4 subjects and follow the 'AS' courses.
- End of year assessment/exams grades awarded.

They return to school in June and July to start A2 courses

Year 13

- Students usually then'drop' one subject and then follow the 'A2' course in 3 subjects.
- End of year assessment/exams grades awarded based on results from both years.



Managing the Transition

- Independent learning
- Organisation and time management
- Taking responsibility
- Bridging Work

What can I do?













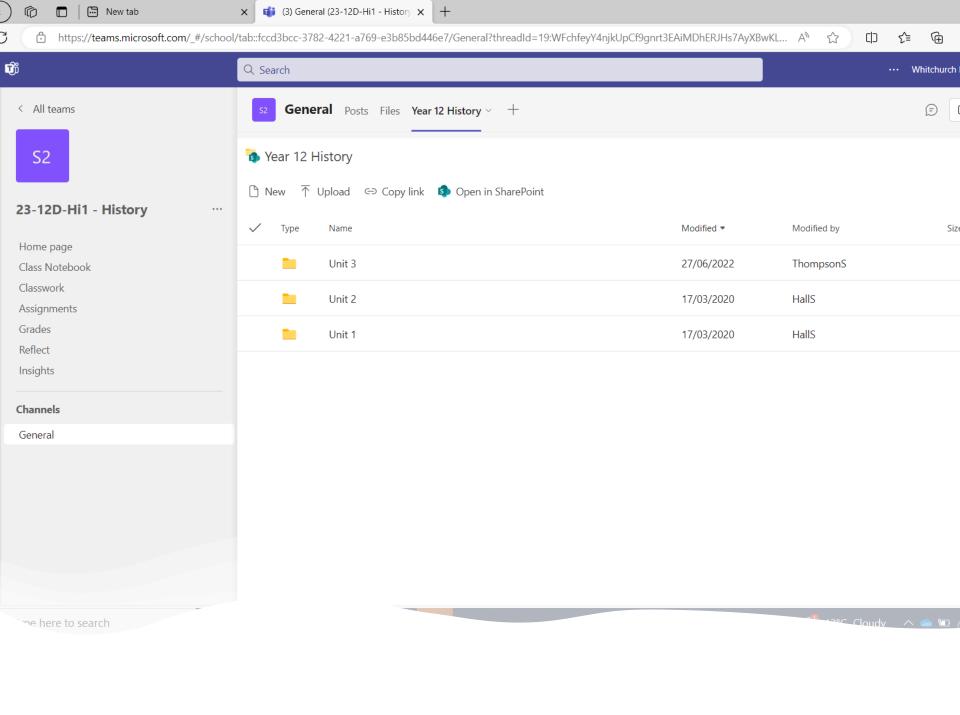
Encourage your son/daughter to take advantage of the help and support in school.

- Library/Study area
- Study periods
- Teams
- WJEC Resources



Encourage your son/daughter to:

- Plan out their time and their working week including study periods
- Find out any key deadline dates PPE's, coursework
- Plan how they will meet work deadlines
- Organise work into folders
- Develop study skills that work for them
- Prioritise schoolwork
- Communicate concerns with us



AS/A Level Business.

Teaching: Sep 2015 • Reference Codes (i)

Key Documents Overview Past Papers / Mark Schemes Resources Training
Contacts

Digital Resources Books Online Exam Review







Student Information

Welcome to the Whitchurch High School Student information page, please find useful links below:













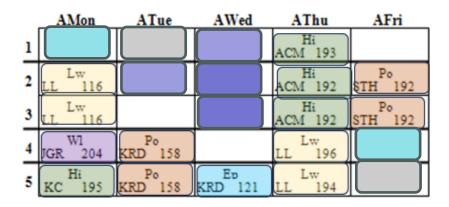


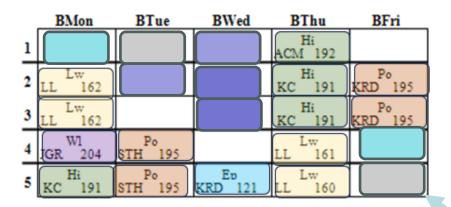


Microsoft Teams

At Whitchurch High School we use Microsoft Teams to share work and set assignments. If you have not already downloaded Microsoft Teams to your device, it will be important to do so. Click the image for assistance in downloading. You will need to log in using your full school email address and password. If you cannot remember your password, or it has expired please email helpdesk@whitchurch.cardiff.sch.uk who will reset it for you, alternatively ask your ICT teacher or Librarian.







ACM: Miss A C Smith KRD: Mrs K A Davies
IGR: Mr J M Grieve LL: Mrs L M Lawrence
KC: Miss K E Collins STH: Mrs S C Thompson

They will have independent learning and homework to complete for all subjects.

This will include:

- 'flipped learning',
- revision,
- homework pieces,
- reading
- independently recognising what they need to go over things

Exams are in May and June



Encourage routines and support the 6th form Progress team with attendance

Attendance to all compulsory sessions:

- Subject lessons
- Wellbeing Tutorials (P4 Monday)
- Assemblies (P4 Monday)



- It is mandatory to always have Sixth Form lanyard ID on site with you
- Swipe in and out every time you leave or come onto site



Designated Digital Device Free Zones

- Designated Digital Device Free Zones have been established throughout the school.
- In these areas, the use of all digital devices including mobile phones, audio players, smartwatches, tablets, and similar technology - is strictly prohibited. This policy is in place to protect privacy, maintain focus, and ensure a respectful environment for all. This applies to the following areas:
 - Changing rooms
 - Toilets
 - Upper / Lower school canteens
 - Upper / Lower school libraries
 - Lower school Dutch Barn
 - All Exam Venues
 - First Aid rooms
 - Faith spaces / Prayer rooms



Sixth form areas and phones:

- You <u>CAN USE</u> phones in the common room
- You can use phones for <u>EDUCATIONAL</u> Purposes in the <u>Study area and Side common room</u>
- In <u>lessons</u>, same rules as the rest of the school apply only when asked to use and educational purposes
- Around school no photos, no headphones, no social media, no videos and no using phones in the digital device free zones

Wellbeing sessions Mon P4

- Study skills and organisation
- Targeted support/mentoring
- Student voice session
- Healthy relationships
- Sleep
- Introduction to careers
- Introduction to Higher Education
- Wages/tax/ NI
- Driving and insurance
- Saving and Spending
- Dealing with stress and anxiety
- Revision tools and subject sessions
- •UCAS applications
- Alternatives to University

	AMon	ATue	AWed	AThu	AFri
1				Hi ACM 193	
2	Lw LL 116			Hi ACM 192	Po \$TH 192
3	Lw LL 116			Hi ACM 192	Po STH 192
4	JGR 204	Po KRD 158		Lw LL 196	
5	Hi KC 195	Po KRD 158	Ev KRD 121	Lw LL 194	

	BMon	BTue	BWed	BThu	BFri
1				Hi ACM 192	
2	LL 162			Hi KC 191	Po KRD 195
3	Lw LL 162			Hi KC 191	Po KRD 195
4	WI IGR 204	Po STH 195		Lw LL 161	
5	Hi KC 191	Po STH 195	Ev KRD 121	Lw LL 160	

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Communication

- Emails
- Subject teachers
- Sims Intouch
- Wellbeing tutors
- Check SIMS

What is SIMS used for?

- Tracker grades at various points
- Levels no lanyard, three lates level 2, lack of homework
- Homework recorded on there
- Timetables
- Updating personal information

Which skills are affected by executive functioning challenges?

Impulse control

Your ability to stop and think before acting.

Organisation

Your ability to keep track of information and tasks.

Emotional control

Your ability to manage your emotions to direct your behaviour.

Task initiation

Your ability to start tasks.



Planning & prioritisation

Your ability to plan steps to reach your goals.



Self monitoring

Your ability to self evaluate your own behaviour.

Attentional control

Your ability to regulate and direct your attention.

Working memory

Your ability to hold information in your mind to complete tasks.

An opportunity for Executive Function Coaching

- 10 sessions
- Student led
- Strategies to improve executive functions
- Volunteers

Get forms from Mrs Ozturk

Demands on time and changes

- School work
- Revision
- Part time jobs
- Social life
- Gym and sports
- Family
- Old friends and new friends
- Learning to drive

- New rooms
- New schools
- New friends
- New routines
- New teachers
- New subjects



Wellbeing and Pastoral support



Attendance

A parent/carer must inform us of any absence. Please call the Main School number-02920 629 700- and listen for the option for Sixth Form Absence

We understand you may have concerns regarding the attendance shown on SIMS Parent App. Unfortunately, the App does not show Sixth Form attendance accurately due to 'free' study periods.

Where there are attendance concerns, we will contact students and parents to discuss.

If you have any concerns or questions with regard to Sixth Form attendance, please contact **Nicola Louden or Naomi Williams**.





Does your young person qualify For Education Maintenance Allowance (EMA)?

- EMA is for 16- to 18-year-olds living in Wales, who want to continue their education after leaving compulsory education. Whilst studying at Whitchurch High School, and if you're eligible, you could get £40 a week, paid every two weeks.
- If you think you may qualify to receive EMA,
 please scan the QR code for further
 information and an application pack, or ask
 your Sixth Form Team.



Wellbeing Where to access Support

Naomi Williams Williams N@whitchurch.cardiff.sch.uk

Nicola Louden LoudenN@whitchurch.cardiff.sch.uk

Lauren Armstrong
ArmstrongL@whitchurch.cardiff.sch.uk



Sixth Form Pastoral Office- Upstairs in the Study Area



How can we support?

Everyday worries and concerns

Organisation

Exam/subject related stress- identifying pressure points

Advice/signposting/referrals

HELP SUPPORT ADVICE GUIDANCE

General wellbeing- sleep, timekeeping, prioritising

Friendships and relationships

Study Skills

Future Pathways

Support following illness/absence

Overview of Wellbeing Support

- Enhanced transition
- Wellbeing drop in
- Wellbeing sessions
- School Counsellor
- BLOOM
- Outside agency support
- Young Carers
- Emotional and Wellbeing Mental Health Service



Supporting pathways

- Research shows that students manage their A level studies more effectively when they have a vision of what they want to achieve in the future
- Ask questions such as "Why are you studying A levels?
 What do you want to achieve? What are your goals
 when you when leave school? What are your
 ambitions?
- Helps to develop a positive mindset





Supporting pathways

- Using Unifrog, UCAS and Careers
 Wales to research pathway options
- Seeking work experience if relevant
- Seek advice





University Admission





Supporting pathways

- Embracing opportunities for volunteering to develop skills
- Get involved in school life Student leadership, societies, supporting school events







University Admission

Some key dates

Year 12

2nd October – Parent/Carer consultation with Wellbeing tutors

13th November - Progress Evening 1 (online)

Please note that AS exams start in May 2026 and the Year 12 students return to school after the half term 1st June to start Year 13 courses and Pathways days. This is not optional and students should avoid booking holidays during this time.

Year 13

21st October - Progress Evening 1 (online)

24th October - UCAS internal deadline

Year 13 PPE's: 19th-23rd January

Year 12 PPE's: 23rd-27th February

Independent Learning / Top Tips

- Encourage your young person to manage their own learning
- To get into a routine
- Stay in school
- Identify what works for them
- Keep track of deadlines
- React to Progress grades and feedback
- Think about the future Plan / research for Higher Education and careers

Progress Leaders:

Mrs K Davies (daviesk@whitchurch.cardiff.sch.uk)

Mrs L Ozturk (ozturkl@whitchurch.cardiff.sch.uk)

We would appreciate your feedback. Please complete this short form:

